

## **New Mexico State Personnel Office**

2600 Cerrillos Road Santa Fe, New Mexico 87505-0127

# **Classification Description**

## THERAPISTS, ALL OTHER

Class Title	Class Code	Pay Band	Alt Pay Band*
Therapists, All Other-B	K1129B	50	_
Therapists, All Other-O	K1129O	55	
Therapists, All Other-A	K1129A	60	

<sup>\*</sup>In accordance with SPB Rule 1.7.4.10 NMAC, the assignment to alternative pay bands shall be reviewed annually to determine their appropriateness.

## **Occupation Description**

All therapists not listed separately.

#### **Nature of Work**

Therapists plan, organize, direct or conduct patient therapy programs and instruct or supervise mentally ill or handicapped patients in music activities as a part of a therapeutic program. They're work involves the application of specialization, activity/therapy skills and/or equipment in music, art, horticultural, athletic, recreational or activities of daily living programs. Therapists improve and maintain the physical, mental, and emotional well-being of their clients. Therapists help individuals reduce depression, stress, and anxiety; recover basic motor functioning and reasoning abilities; build confidence; and socialize effectively so that they can enjoy greater independence and reduce or eliminate the effects of their illness or disability.

## **Distinguishing Characteristics of Levels**

Note: Examples of Work are intended to be cumulative for each progressively higher level of work. The omission of specific statements does not preclude management from assigning other duties which are reasonably within the scope of the duties.

#### Basic

 Employees in this Role assist in the development of music therapy plans and conduct therapy activities.

## Recommended Education and Experience for Full Performance\*

Associates Degree in Music, Music Therapy, Art, or Art Therapy and related coursework in science or psychology and two (2) years of experience in Art and/or Music Therapy.

#### **Minimum Qualifications**

Associates Degree in Music, Music Therapy, Art, or Art Therapy and related coursework in science or psychology.

#### **Operational**

 Employees in this Role independently conduct music therapy in conjunction with other treatment for mentally and/or physically ill or disabled patients in a hospital or institution.

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## Recommended Education and Experience for Full Performance

Associates Degree in Music, Music Therapy, Art, or Art Therapy and related coursework in science or psychology and four (4) years of experience in Art and/or Music Therapy.

#### **Minimum Qualifications**

Associates Degree in Music, Music Therapy, Art, or Art Therapy and related coursework in science or psychology and one (1) year of experience in Art and/or Musical Therapy.

#### **Advanced**

- Employees in this Role direct and oversee a program of music therapy in a hospital or institution.
- Employees develop and administer music therapy plans; assist in determining music therapy objectives; and function as a consultant to other agencies, institutions or community groups.

## Recommended Education and Experience for Full Performance

Bachelor's Degree in Music, Music Therapy, Art, or Art Therapy and related coursework in science or psychology and two (2) years of experience in Art and/or Musical Therapy.

## **Minimum Qualifications**

Associates Degree in Music, Music Therapy, Art, or Art Therapy and related coursework in science or psychology and two (2) years of experience in Art and/or Musical Therapy.

## **Knowledge and Skills**

Note: This information has been produced by compiling information and documentation provided by O\*NET.  $O*NET^{TM}$  is a trademark of the U.S. Department of Labor, Employment and Training Administration.

## Knowledge

**Psychology** — Knowledge of human behavior and performance; individual differences in ability, personality, and interests; learning and motivation; psychological research methods; and the assessment and treatment of behavioral and affective disorders.

**Therapy and Counseling** — Knowledge of principles, methods, and procedures for diagnosis, treatment, and rehabilitation of physical and mental dysfunctions, and for career counseling and guidance.

**English Language** — Knowledge of the structure and content of the English language including the meaning and spelling of words, rules of composition, and grammar.

**Customer and Personal Service** — Knowledge of principles and processes for providing customer and personal services. This includes customer needs assessment, meeting quality standards for services, and evaluation of customer satisfaction.

**Education and Training** — Knowledge of principles and methods for curriculum and training design, teaching and instruction for individuals and groups, and the measurement of training effects.

**Sociology and Anthropology** — Knowledge of group behavior and dynamics, societal trends and influences, human migrations, ethnicity, cultures and their history and origins.

**Medicine and Dentistry** — Knowledge of the information and techniques needed to diagnose and treat human injuries, diseases, and deformities. This includes symptoms, treatment

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alternatives, drug properties and interactions, and preventive health-care measures.

## **Skills**

**Active Listening** — Giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.

**Speaking** — Talking to others to convey information effectively.

**Service Orientation** — Actively looking for ways to help people.

**Social Perceptiveness** — Being aware of others' reactions and understanding why they react as they do.

**Coordination** — Adjusting actions in relation to others' actions.

**Critical Thinking** — Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.

**Reading Comprehension** — Understanding written sentences and paragraphs in work related documents.

**Complex Problem Solving** — Identifying complex problems and reviewing related information to develop and evaluate options and implement solutions.

**Instructing** — Teaching others how to do something.

**Writing** — Communicating effectively in writing as appropriate for the needs of the audience.

Statutory Requirements: N/A

**Conditions of Employment:** Working Conditions for individual positions in this classification will vary based on each *agency's utilization*, *essential functions*, and the *recruitment needs* at the time a vacancy is posted. All requirements are subject to possible modification to reasonably accommodate individuals with disabilities.

**Default FLSA Status:** Non-exempt. FLSA status may be determined to be different at the agency level based on the agency's utilization of the position.

**Bargaining Unit:** This position may be covered by a collective bargaining agreement and all terms/conditions of that agreement apply and must be adhered to.

**Established:** 07/07/2001 **Revised:** 9/20/2011

\*Adapted from the United States Bureau of Labor Statistics and are intended to illustrate the typical education and experience required for this occupation.

Note: Classification description subject to change. Please refer to the SPO website <u>www.spo.state.nm.us</u> to ensure this represents the most current copy of the description.